

# Welcome to CARE in Nottingham

At CARE we offer you the very best chance of becoming pregnant. Discreet and caring, we treat all our patients as individuals and provide emotional support and guidance throughout your treatment and beyond.

CARE is located in pleasant surroundings on the edge of Nottingham, situated just half a mile from junction 26 of the M1. The purpose-built unit has a modern, light and spacious interior. The centre has excellent state of the art facilities, equipped to the highest standards.

## DIRECTIONS

**By ROAD - From the M1** - Leave motorway at Junction 26 & follow the A610 towards Nottingham. At the next roundabout take the A6002 signposted Strelley. Follow this road, Woodhouse Way for approx half a mile. At the roundabout turn right into Nottingham Business Park. At the next roundabout, turn right on to Lawrence Drive. The CARE building is on the right hand side - turn right into our car park.

**From Nottingham** - From the city take the A610 towards Nuthall, following signs for the M1. At the roundabout prior to J26 take the A6002 signposted Strelley - follow the above directions.

**By RAIL** - The nearest railway station is Nottingham, approximately 25 minutes away by taxi.

**By BUS** - There are regular direct public transport links to the city centre and outlying areas which includes the Park and Ride and Nottingham Express Tramway terminus at the Phoenix Centre only half a mile away.

There is a regular bus service from Nottingham to the Business Park.

**By AIR** - Nottingham East Midlands is the nearest airport which is approximately 30 minutes away by car. Birmingham International Airport is about an hour by car.



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