

**JANUARY 2021 FERTILITY CIRCLE NEWSLETTER:
ANNOUNCING THE LAUNCH OF CARE'S BUDDY AMBASSADOR PROGRAMME**

Fertility Circle was originally launched by CARE Tunbridge Wells in January 2020 as a monthly face-to-face local support meeting. Covid meant that our 2020 programme had to be suspended and though we hope Fertility Circle can resume as a face-to-face support group, we are still committed to providing support and sharing useful links and resources with a monthly Newsletter.

CARE is proud to be partnered with Fertility Network UK with The Patient Pledge to ensure support is available to patients and their partners. FNUK offers online Support Groups and webinars. Check out FNUK's website for details of their Support Line and upcoming webinars and support events.

This month, CARE Tunbridge Wells is proud to announce the launch CARE's BUDDY AMBASSADOR programme. We are calling on anyone who has had fertility treatment – whether they have been our patient or not – to volunteer to offer their insights and experience to anyone thinking about starting – or adding to – their family. We hope our BUDDY AMBASSADOR programme will help smooth out the steep learning curve that people experience when they start thinking about fertility treatment and get information overload!

If you're interested in becoming a BUDDY AMBASSADOR, get in touch with Kelly by contacting her on Kelly.DaSilva@carefertility.com

We understand family

CARE is the UK's leading fertility clinic group. More than 50,000 CARE babies have been born so far and our drive for uncompromising excellence and ground-breaking techniques are underpinned by our commitment to supporting patients and their partners to make their dream of becoming a parent a reality.

Whoever you are, and wherever you are on your fertility treatment journey, we're here to help you.

JANUARY 2021: GET READY TO START YOUR FAMILY

Now is a time to look forward and embrace 2021 and getting ready to become a parent with optimism and renewed energy.

Preparing and planning to start your fertility journey benefits from having support and CARE's Buddy Support programme puts couples and individuals in touch with each other for peer-to-peer support.

CARE Tunbridge Wells is proud to launch CARE's Buddy Ambassador programme this month. This is an extension of Buddy Support. We are calling for anyone who has had fertility treatment to volunteer as a Buddy Ambassador to help other patients with their insights and experiences.

CARE TUNBRIDGE WELLS FERTILITY CIRCLE: RESOURCES & LINKS



FERTILITY NETWORK UK provides practical and emotional support, information and advice for anyone experiencing fertility issues. The charity works to raise the profile and understanding of fertility issues and to push for timely and equitable provision of fertility treatment throughout the UK.

<https://fertilitynetworkuk.org>



The Human Fertilisation and Embryology Authority is the regulatory body of the Department of Health & Social Care. The website has links to essential information for fertility treatment including a Choose a Clinic service.

<http://www.hfea.gov.uk/fertility.html>

British Infertility Counselling Association (BICA)

<https://www.bica.net>

British Fertility Society

<https://britishfertilitysociety.org.uk>

CHANA provides support for couples dealing with the challenge of infertility in the Jewish community.

<https://www.chana.org.uk>

DONOR CONCEPTION NETWORK: Parent Led, child-focussed

DCN is a national charity for people trying to conceive through donor treatment and offers the social and emotional support for patients when they are making difficult, sometimes complicated, decisions.

<https://www.dcnetwork.org.uk/>

THE DOVECOTE: Childless Support Organisation on Facebook:
@thedovecote.org

Endometriosis UK

Endometriosis devastates the lives of women and their families: Endometriosis UK helps them take back control by providing vital support services, reliable information and a community for those affected by endometriosis.

[Endometriosis UK | the leading UK charity that supports women living with endometriosis \(endometriosis-uk.org\)](http://endometriosis-uk.org)

Fertility Friends – online UK fertility community

<http://www.fertilityfriends.co.uk/>

Verity – a UK charity for women affected by polycystic ovarian disease

<http://verity-pcos.org.uk>

MEN-ONLY SUPPORT GROUPS

Fertility Network UK

[Men-Only Support Group \(Online\) – Fertility Network \(fertilitynetworkuk.org\)](http://fertilitynetworkuk.org)

Male Infertility: Twitter – Rhod Gilbert, Time to Talk Tackle



<https://himfertility.com/>

Male Infertility: Facebook – men's private fertility support group

<https://www.facebook.com/groups/mensfertilitysupport>

Men's Health Forum: an online community that allows you to be able to chat anonymously

[Men's Health Forum](http://menshealthforum.com)